

## Travell eNews

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- Green Team Presents: Sports Equipment Swap
  - Swap Dates & Info THIS WEEKEND!!!
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  - Family Play Date, 3/9





FRI, MARCH 8

SATURDAY, APRIL 7 - 1:00PM

## **YANKEE STADIUM FIELD LEVEL (SECTION 134)** \$100 PER TICKET

Each ticket includes a new Yankees Backpack and \$15 food voucher.

Seats will be near our friends attending from Hawes and BF - the more, the merrier!

## **PURCHASE TICKETS HERE**

ALL PROCEEDS BENEFIT TRAVELL HSA SPONSORED ENRICHMENT PROGRAMS. Please note, the RBSA opening day parade and activities are scheduled for Saturday, April 20, 2024.

## Reading Marathon Week 7

Thursday is the LAST DAY to submit your child's reading online at <a href="https://www.friendsrpl.org/readingmarathon">www.friendsrpl.org/readingmarathon</a>! All Reading Marathon elementary participants receive a free ice cream coupon from Ben & Jerry's. It's not too late to donate! Even if you or your student already submitted your reading, you can still make a donation via our website to continue to fund children's & teen programming. Donations of \$25 receive a personalized book plate in a new book of your choosing. While donations are not necessary to participate, they are very much appreciated.

Join us for two finale events at the Ridgewood Library this Saturday, March 9! First, at 10:30, the Elephant & Piggie Palooza is back! Children can join the dynamic duo for stories, crafts & snacks (online registration required). Then, from 12-3pm, attend LibraryCon to meet graphic novel authors, take a picture with a Star Wars character, listen to the NJ Gamer Symphony Orchestra, compete in a Nintendo Switch tournament, grab a free scoop from the Ben & Jerry's cart & more!





#### **2024** Reading Marathon Fundraiser

#### **Travell's Bookmark Contest**



February's Reading Marathon is underway. Please decorate the bookmark below in the theme of a book that you have enjoyed reading during the Marathon. One bookmark per grade will be selected and the artist will receive a **prize!** 

Please return your bookmarks to school by **Friday, March 8th**. Reading Marathon information can be found at https://www.friendsrpl.org/readingmarathon

If you hav	e any qu	uestions r	egarding the	Readin	g Maratho	on or the	Bookmark
Contest,	please	do no	t hesitate	to	contact	Becky	Schaeffer,
beckylscha	effer@gm	nail.com					
		•	ne Travell HSA. A the Reading Mo	•	nave been do	nated. Cont	est 
Name:							
Classroom:							
Book Title:							

## COME JOIN US IN CELEBRATING DIVERSE CULTURES!

# INTERNATIONAL EXPO

FRIDAY MARCH 15, 2024

**DOORS OPEN AT 5:30PM** 

6PM PARADE OF NATIONS & LIVE PERFORMANCES 7PM INTERNATIONAL SNACK BAR

ADVOCATING, PROMOTING AND CELEBRATING DIVERSE CULTURES

## INTERNATIONAL SNACK BAR

#### WHAT IS IT?

AN OPPORTUNITY TO SAMPLE DISHES FROM VARIOUS COUNTRIES AROUND THE WORLD

#### WHEN AND WHERE IS IT?

RIGHT AFTER THE EXPO LIVE PERFORMANCES IN THE TIGER'S DEN (CAFETERIA)

#### WHAT KINDS OF FOOD WILL BE SOLD?

BAKED GOODS, RICE AND NOODLE DISHES, DESSERTS, ETC.!

#### **HOW DO I BUY TICKETS?**

USE THE QR CODE BELOW OR HTTPS://INTERNATIONAL-EXPO-SNACK-BAR.CHEDDARUP.COM



#### **HOW MANY TICKETS CAN I BUY?**

20 MAX PER FAMILY VIA ONLINE. ADDITIONAL TICKETS CAN BE PURCHASED AT THE DOOR ON MARCH 15TH!

## WHERE DO I PICK UP MY TICKETS ONCE I ORDER THEM ONLINE?

MARCH 14TH 5-6PM TRAVELL LOBBY (OUTSIDE THE GYM)
MARCH 15TH 5-6PM TRAVELL LOBBY

## Join all 6 Elementary Green Teams in reducing waste and consumption with our



**1st Annual Ridgewood** 

## SPORTS EQUIPMENT SWAP

DROP: SATURDAY 3/9 SHOP: SUNDAY 3/10

(You'll receive a ticket to shop early on Sunday)

Donate your gently used sports equipment:

Dropoff: **9am-12pm** 

Hawes Elementary
531 Stevens Avenue

For alternate drop-off arrangements or questions, email rwsportsequipmentswap@gmail.com

Shop our inventory at NO COST:

Priority shopping for ticketholders:

**10**am**-11**am

Open to public: **11am-2pm** 

Hawes Elementary
531 Stevens Avenue



#### **1st Annual Ridgewood**

## SPORTS EQUIPMENT SWAP



## DONATION DETAILS

#### ITEMS WE ARE COLLECTING:

Clean and gently used gear for kids grades K-12

Football: Pads, helmets, footballs

Soccer: Cleats, shin guards, soccer balls

Cheer: Cheer sneakers, uniforms, pom poms

Dance/Gymnastics:

Leotards, dance shoes (tap, jazz, ballet, hip hop)

Hockey: Pads, skates, helmets, hockey sticks, pucks, gloves

Lacrosse: Pads, helmet, sticks, goggles, lacrosse balls

Baseball/Softball: Bats, mitts, tees, baseballs/softballs

Volleyball: Knee pads, volleyballs

Skiing: Skis, helmets, goggles, ski pants, snowboards, boots, bindings

Other: Racquets, skateboards, ice skates, helmets, basketballs, equipment bags,

golf clubs, goggles and fins, wrist guards, knee guards, rock climbing shoes,

fishing gear, jump ropes, yoga mats

#### ITEMS WE WILL NOT ACCEPT:

Any items that are well-used, dance recital costumes, uniforms and any items geared or sized to toddlers/ preschoolers.



## Join all 6 Elementary Green Teams in reducing waste and consumption with our



#### **CALL FOR VOLUNTEERS**

## SPORTS EQUIPMENT SWAP

WE NEED HELP DURING OUR SWAP:

SIGN UP HERE

TO VOLUNTEER





## SEPAG FAMILY PLAY DATE

A free event with sensory gym, bouncy house, and more!



Unique Athletics 21-05 Morlot Ave Fairlawn, NJ 07410



March 9, 2024 2:00 - 4:00 pm



Space is limited! RSVP required via <u>SignUp Genius</u>



**Ridgewood SEPAG** 

Formerly the Learning Services Home & School Association

## FAQ

#### for Ridgewood SEPAG Sensory-Friendly Dinners





#### What is a Ridgewood SEPAG sensory-friendly dinner?

A sensory-friendly dinner is a time for families and friends to eat out at a local restaurant. Consider this your typical dining experience, except that special care has been taken to provide a lower-sensory atmosphere, such as turning down or off overhead music, as well as a judgment-free experience, including dining with families who have similar support needs and being served by staff who are prepared ahead of time on the general needs of our community. Food and checks are expedited, and our Ridgewood STEPSS students (ages 18-21 years) often provide activities to keep kids entertained during brief waiting periods. Although we can't guarantee 100% satisfaction, we do hope these thoughtful adjustments help you have a great experience out with your loved ones.



#### Why is the Ridgewood SEPAG doing this for our community?

The Ridgewood SEPAG, in conjunction with Ridgewood Village Council and support from Access Ridgewood members, are providing this much needed service because we all need to feel seen and included. Many families never take what they see as a risk to eat out, either because they worry about their child's unpredictable behavior at a restaurant or because they've tried in the past but had a negative experience for any number of reasons. Our goal is for you to release yourself and your family of the pressure, help you access a delicious meal at a local restaurant, and be exactly who you are: a valued member of our diverse and powerful community.



#### If my child is struggling (e.g., not staying in their seat/at the table, not keeping noise levels down), do I need to leave?

You may of course pick up your check and excuse yourself anytime. However, we hope that you trust you're in a safe space among families who understand the difference between disrespect and impulses.



#### Do I need to make a reservation with the restaurant to attend?

No. However, you should reserve a spot on the Ridgewood SEPAG Eventbrite for the particular dinner so that the restaurant can anticipate how many families to expect throughout our designated window. Once the event has been arranged by the Ridgewood SEPAG with the restaurant, we will distribute a flyer that includes the restaurant name and address, timeframe, and a link/QR code to the Eventbrite reservation site.



#### How much do I pay?

There is no fee to RSVP for the event, and pPayment is made at the end of your meal in a typical restaurant-patron transaction. You simply pay for what you eat!



#### Is there a way to stay informed about upcoming sensory-friendly dinners?

The Ridgewood SEPAG's goal is to host one sensory-friendly dinner per month during the school year, and perhaps during the summer as well. All families on the Ridgewood SEPAG email list (i.e., families whose Ridgewood students receive services under an IEP or 504 Plan) will receive notifications about the dinners through emails and the Ridgewood SEPAG monthly newsletter. Others may "follow" the Ridgewood SEPAG on Eventbrite, to be alerted about upcoming dinners.



#### Where can I submit feedback?

We are eager to hear all feedback that families have about our sensory-friendly dinners. If your family's needs were not adequately met by the set-up of the event, we would love to hear from you so we can make our future dinners more accommodating for your family and others. Also, if there were aspects of the event that worked well for your family, we'd like to hear about that, too, so we can continue those accommodations. Any and all thoughts are welcome and can be shared by emailing us at contact@RidgewoodSEPAG.org.



#### Ridgewood SEPAG

Formerly the Learning Services Home & School Association

www.RidgewoodSEPAG.org • contact@RidgewoodSEPAG.org



## SUBMIT PHOTOS FOR THE 2023-2024 YEARBOOK!

First Day of School, Back to School BBQ...
let's make memories!

## <u>Travellyearbookphotos@gmail.com</u>







Be sure to check the GroupSpot calendar feed for important dates such as General HSA meetings, no-school-days, deadlines, etc.